50 Plus Activity Centre

Peachland and District Retirement Society 5672 Beach Ave., Peachland BC V0H 1X6

Phone: 250-767-9133 email: 50plusactivitycentre@gmail.com web: peachland50plusactivitycentre.ca

		1	2	3	4
		9:00 am 50 + Fitness 11.00-12.00 Chair Yoga 1:00-3:30 Bridge(only half hall) 5;30-8.30PM TAE KWON DO	8:30-9:30am – Yoga 10-2.00 ART IN PEACHLAND 11-12 IRON & SILK BINGO-DOORS OPEN 5:30-START 6:30	9:00-10 am 50 + Fitness 10:30-12:00 Coffee Bean 10:30-11:30 Chair Yoga 12-1 PM HALL AVAILABLE 1-4pm – Canasta 1-3 Knitting	9:30 – 12 CARPET BOWLING BERENYI CELEBRATION OF LIFE 12 – 9 PM
6	7	8	9	10	11
8-9am 50+ Fitness 9:30-11.30 Variety Singers 12pm-We Art Here 1 pm – 3.30pm Bridge 5.30-8.30PM TAE KWON DO	8:30am-9:30am – Yoga 9:30-12 Carpet bowling 12-1pm – AA (Rental) 1-4pm – Mahjong 1-4pm – Passion 4 Art 4:30-5:30pm – Line Dancing 6-7pm Cloggers	9:00 am 50 + Fitness 11:00-12:00 Chair Yoga 1:00-3:30 Bridge(only half hall) 5;30-8:30PM TAE KWON DO	8:30-9:30am – Yoga 10-2 ART IN PEACHLAND 11 am Iron & Silk 1:00-2:30pm Ukulele	9:00-10 am 50 + Fitness 10:30-12:00 Coffee Beans 11:00-12:00 Chair Yoga 12-1 PM HALL AVAILABLE 1-4pm — Canasta 1-3 Knitting	9:30-12pm Carpet Bowling
13	14	15	16	17	18
8am –9am 50+ Fitness 9:30-11:30 Variety Singers 12pm-We Art Here 1 pm – 3.30pm bridge 5:30-8:30pm TAE KWON DO	8:30am-9:30am – Yoga 9:30-12pm Carpet Bowling 12-1pm – AA (Rental) 1-4pm – Mahjong 1-4pm – Passion 4 Art 4:30-5:30pm – Line Dancing 6-6.45pm Cloggers 6:45 TREASURE HUNTERS	9:00 am 50 + Fitness 11.00-12.00 Chair Yoga 1:00-3:30 Bridge (Use only half hall) 5.30-8.30 TAE KWON DO	8:30-9:30am – Yoga 10 – 2 ART IN PEACHLAND 9:30-2:30 11-12 IRON & SILK 1:00-2.30 Ukelele BINGO-DOORS OPEN 5:30-START 6:30	9:00-10 am 50 + Fitness 10:30-12:00 Coffee Bean 11:00-12:00 Chair Yoga 12-1 PM HALL AVAILABLE 1-4pm – Canasta 1-3 Knitting	9:30-12pm Carpet Bowling
20		22	23	24	25
8am-9am 50+ Fitness 9:30-11:30 Variety Singers 12pm-We Art Here 1pm – 3.30 pm Bridge 5:30-8:30 Tae KWon Do	8:30am-9:30am – Yoga 9:30-12pm Carpet Bowling 12-1pm – AA (Rental) 1-4pm – Mahjong 1-4pm – Passion 4 Art 4:30-5:30pm – Line dancing 6:00-6:45 Cloggers 6:45 TREASURE HUNTERS LAST ONE	9-10 AM 50+ Fitness 11.00—12.00 Chair Yoga 1:00-3:30 Bridge(Use only half hall) 5:30-8:30 TAE KWON DO	8:30-9:30am – Yoga 10-2.00 ART IN PEACHLAND 11-12 Iron & Silk 1:00-2:30pm Ukulele	9:00-10 am 50 + Fitness 11.00-12.00 Chair Yoga 12-1 PM HALL AVAILABLE 1-4pm – Canasta 1-3 Knitting POTLUCK 5:30 – 8 PM TRIVIA entertainment	9:30-12pm Carpet Bowling 12-4 United Pipeband
27	28	29	30	31	
8am-9am 50+ Fitness 9:30-11.30 Variety Singers 12pm-We Art Here 1pm – 3.30 pm Bridge	FLU CLINIC – ALL DAY	9-10 AM 50+ Fitness 11.00—12.00 Chair Yoga 1:00-3:30 Bridge(Use only half hall) 5:30-8:30 TAE KWON DO	8:30-9:30am – Yoga 10-2.00 ART IN PEACHLAND 11-12 Iron & Silk 1:00-2:30pm Ukulele	9:00-10 am 50 + Fitness 11.00-12.00 Chair Yoga 12-1 PM HALL AVAILABLE 1-4pm – Canasta 1-3 Knitting	
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